



文藻外語大學 112學年度第1學期 教學綱要
Wenzao Ursuline University of Languages
Syllabus for the 1st Semester of the 2023 Academic Year

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壹、課程基本資料

課程名稱 Course Title	全人發展：大學入門（一） HUMAN DEVELOPMENT: INTRODUCTION TO UNIVERSITY STUDIES (I)			
課程類別(學制) School System	日間部四技 Four-Year College of Day Division			
開課單位 Academic Unit	吳甦樂教育中心			
授課教師 Instructor	徐秀菊		職稱 Academic Rank	助理教授
師生互動 Data of Instructor	辦公室 Office	Q913	辦公室電話 Office Phone Number	(07)342-6031 Ext. 7315
	電子信箱 E-mail	99948@mail.wzu.edu.tw		
	約談時間 Office Hours	Tuesdays 13:10-15:00 Thursdays: 15:10-17:00		
學分 Credits	1學分	選課別 Category	[<input checked="" type="checkbox"/>] 必修 Required Course [<input type="checkbox"/>] 選修 Elective Course	
開課類別 Course Length	[<input type="checkbox"/>] 學年課 Year-long course(2 semesters) [<input checked="" type="checkbox"/>] 學期課 semester course(1 semester)		開課年級Year Taught: 0年級 授課班級Class Taught: 日四技專班一	
課程內容概要 Course Content Synopsis	<p>■課程內容概要：本課程為校定共同核心必修課程，旨在提供文藻教育目標3L中 Life之養成基礎。基於全人教育之理念，教導學生對於靈性發展的認識與修習，期能培養個人身、心、靈之均衡發展。課程內容涵蓋生涯發展、多元學習、性別教育、生命倫理等議題之探討。</p> <p>This subject is approved as a core compulsory course that aims to provide students a foundation for the development of Life objective included in Wenzao's 3L education goals. Based on the orientations of wholistic education. It leads students to comprehend and cultivate the spiritual development aiming at forming physical, psychological and spiritual development of one's personal life. The course covers themes on exploring career development, multidimensional learning, sex education and life ethics.</p> <p>■主要授課語言： 英語(English)</p>			
課程學習目標 Course Learning Goals	<p>使學生能：</p> <ol style="list-style-type: none"> 1. 接受本校聖吳甦樂教育精神之薰陶 2. 認識並學習文藻校園文化 3. 建立大學生的學習方式與生活態度 4. 培養健全之人格 <p>This course will help students</p> <ol style="list-style-type: none"> 1. Be edified by the educational spirit of the Ursula School. 2. Explore the campus culture of Wenzao. 3. To adapt to college life more quickly. 4. Develop a healthy personality. 			
系培育目標與核心能力以及學習目標 Development Goals, Skill Indicator, & Learning Objectives	系培育目標 Development Goal	核心能力指標 編碼 Skill Indicator Code	核心能力 Skill Indicator	學習目標 Learning Objective
	學習自主管理能力	1-0-3	生活自律能力	Be able to identify one's own value priority and adequately manage one's time

				according his or her personality type 能依據個人人格類型澄清個人價值觀優先次序。能依據個人人格類型實踐時間管理技巧。
	學習問題解決能力	2-0-1	情緒管理能力	Be able to recognize the link between one's emotion and psychological needs and can healthily express emotions with an understanding of one's personality type. 能依據個人人格類型認識情緒與心理需求的關係。能依據個人人格類型展現健康表達情緒的方法。
	學習問題解決能力	2-0-6	執行力	Be able to explore one's learning styles and plan his or her learning map accordingly with the knowledge of one's personality type 能依據個人格類型探索學習風格。能依據學習風格規劃學習地圖。
	學習有效溝通能力	6-0-2	自我肯定	Be able to understand one's own personality characteristics and understand the direction for growth accordingly 能依據個人人格類型了解自身人格特質。能依據人格特質了解個人成長方向。
	學習有效溝通能力	6-0-6	語文表達能力	Be able to listen to others for their kind intention in communication and adjust his or her styles of expression 能依據個人人格類型聆聽他人溝通動機之善意。能依據個人人格類型調整表達之風格。
	其他(Others)			
學生先備知識 Prerequisite Knowledge Skills	1. Basic computer skills to navigate through the Cloud E-learning system. 2. Basic communication skills. 使雲端學園之電腦能。對表達與溝通之實際能。			
教學學理基礎 Theoretical Foundation	Education philosophy: Ursuline Education Spirit Course content basis: Enneagram Personality Type Theory Instruction theory: Experiencing Teaching Methods--based on the circular dynamism among knowledge, practice, and reflection, experiencing scenarios are designed to induce students' participation, and comprehension, and develop the ability to construct knowledge. 教育哲學理念：吳魁樂教育精神(Ursuline Education Spirit) 課程內容基礎：九型人格特質論(Enneagram Personality Type Theory) 教學法理論：體驗式教學法(Experiencing Teaching Method)，設計體驗情境，建基於知識、實踐、反思之循環動，以促發學動參與、獲得感悟、建構知識與能。			
授課資訊 Instructional Information	■課程類型(Top Down)			
	一般課程Regular course 融入生命教育議題課程Life education 融入性別平等議題課程Gender equity education 融入智慧財產權議題課程Intellectual property rights 融入月桂方法相關課程Integrate Laurel Method into the course			
	■教學平台			
	實體教學(一般 18 週)Face-to-Face Instruction - Standard 18 Weeks			
■主要教學策略				
講授Lecture 實作Hands-on 體驗Experience 自主學習Learning autonomy 服務學習Service learning 個別指導Individual guidance				

	分組討論Group discussion 問題導向Problem-based 影片欣賞Video appreciation
評量 Student Assessment	<p>■ 評量方式與評分比例分配 Evaluation Criteria</p> <ol style="list-style-type: none"> 1. In-class performance : 30 % 2. The midterm : 30% 3. The final : 40% <p>Explanation :</p> <ol style="list-style-type: none"> 1. In-class performance : 30%, including attendance 15%, in-class assignments and participation 15%. 2. The Midterm grade : Half semester reflection, 600 words, 30% , Each individual should reflect on your life and learning during the first half of the semester, how you are adjusting in life and learning, what you have learned most. Uploading deadlines: November 4th, 2023, 23:59 Uploading path : Cloud E-learning—Assessment center—Assignments—The Midterm paper 3. The final grade : 40%. Topic : The implementing power for my college life. Each individual completes the assignment individually. Uploading path : Cloud E-learning—Assessment center—Assignments—The final paper Uploading materials : 600 words of Word document. Uploading deadline : at 23 :59 pm, December 30th, 2023. The system will be locked after such time. 4. Extra marks : a book review/take-ons of your choice: 1-10 points. A submission of cut & paste of others work or with high similarity will not be accepted, and extra marks will not be granted. <p>Uploading path : Cloud E-learning—Assessment center—Assignments—The Extra marks.</p> <ol style="list-style-type: none"> 1. 平時成績：30%，含出席與參與狀況15%、隨堂作業15%。 2. 作業：30%，11/5日(週六) 23:59截，上傳作業「半學期的確幸」至雲端學園「評量區--作業/報告」--期中報告 3. 作業：40%，1/7日(週六)23:59截：上傳作業「學涯藍圖的勾勒」至雲端學園「評量區--作業/報告」--期末報告
	<p>■ 課堂要求 Course Requirements & Policies</p> <ol style="list-style-type: none"> 1. Come to class prepared, including to complete reading and other assignments. 2. Come to class punctually 3. Do not be absent from class without a good reason. When there is a need for a leave, please file an application on-line regardless of the type of leaves, for public or private reasons. Skipping class without applying for a leave is regarded as absence which will affect your moral scores. 4. Asking for a leave more than once there will be a deduction of your attendance marks, 2.5 points for each leave. 5. Actively participate in the class discussions and activities. 6. During the class, please respect the rights of others and do not conduct private conversations that is unrelated to the class. 7. Being alert to your learning outcomes, do not use cellular phone that could distract your attention during the class except for class activities. 8. you must complete your assignments responsibly. Cut and paste other's work or plagiarism, the assignment will be zero marks. If there are two identical works, the plagiarizing one will receive zero marks. 9. You may use Google or ChatGPT to gather referencing material, however, you must not use the search result as your assignment submission, otherwise it will be regarded as plagiarism. <ol style="list-style-type: none"> 1. 有備而來：預先閱讀指定資料並積極參與討論及其他課程活動。 2. 準時到課，上課鈴響10分鐘後進教室算遲到。 3. 不隨意缺課，請假須事先告知老師。一次請假平時分數扣二點五分。

	<p>4. 上課須尊重其他人的權益，不作與課程無關的聊天，若規勸不聽記曠課一次。</p> <p>5. 上課專注，不划手機。這是大家共同學習、互動的時間，須尊重每一個人的臨在與學習的權益，這樣的精神是本課程重要的練習。划手機規勸不聽者，記曠課一次，手機將代為保管至下課。</p> <p>6. 作業須自己完成，若有抄襲情事，該份作業以零分計算。若發現兩份作業相同時，抄襲者將以零分計算。</p> <p>7. 你可以用google或ChatGPT蒐集資料，但不能以所蒐集之資料原封不動，或僅作極少修改，即作為作業內容繳交，如此即是抄襲行為，將作抄襲處分。</p>	
教材 Learning Materials	<p>「請學生務必使用正版教科書」 Please respect copyright and use original textbooks.</p> <p>■教科書 Textbooks</p> <p>尚未輸入</p> <p>■參考書目或網址 References or Websites</p> <p>1、書名：生命倫理：身體神學及生命倫理 http://catholic-bioethics.blogspot.tw/2012/03/blog-post.html 作者：譚傑志(2012)。</p> <p>2、書名：The origin of the university. Retrieved from: http://irishcatholic.ie/article/origin-university 作者：Riville, W. (n.d.) 出版社：The Irish Catholic.</p> <p>3、書名：Medieval universities and the origin of the college. Retrieved from: http://www.academicapparel.com/caps/College-University-History.html</p> <p>4、書名：The educational philosophy of Wenzao.. retrieved from: http://c018.wzu.edu.tw/front/bin/ptlist.phtml?Category=78 作者：Center for Ursuline Education (2008).</p> <p>5、書名：Ursuline education, pp. 28-30. Retrieved from: http://www.wzu.edu.tw/ezcatfiles/b001/img/img/3/ursulineeducation-eng.pdf 作者：Pallisier, L. (2011).</p> <p>6、書名：The book of life. Retrieved from: http://www.thebookoflife.org/know-yourself/ 作者：Know yourself (n.d.).</p> <p>7、書名：How to get to know yourself in 5 fool-proof steps. Retrieved from: http://www.prolificliving.com 作者：Farnoosh(2009-2016).</p> <p>8、書名：Getting to know yourself: 29 questions to discover the real you. Retrieved from: http://www.prolificliving.com 作者：Farnoosh(2009-2016).</p>	
	教學用軟體 Software	<p>付費軟體Commercial software</p> <p>Microsoft Office</p>
	補充資料 Additional Remark	<p>本科目無相關下載檔案。</p>

貳、課程內容與進度(Course Content and Schedule)

週次 Week	上課日期 Date	單元名稱 Units	授課方式 Instructional Approaches	作業、報告、考試或其它 Assignments, Tests and Others	備註 Remarks
1	112/09/10 ~ 112/09/16	Getting acquainted & syllabus discussion	group activities explanation discussions		
2	112/09/17 ~ 112/09/23	Nuts & bolts of study at WZU Navigate through info. system Burning Questions?	group activities		
3	112/09/24 ~ 112/09/30	Time management The Laurel Method	Lecture discussions Q & As		
4	112/10/01 ~ 112/10/07	Time management The Laurel Method	Lecture Discussions activities		
5	112/10/08 ~ 112/10/14	Wenzao spirit I Finding study resources Library Tour	Lecture Discussions activities		

週次 Week	上課日期 Date	單元名稱 Units	授課方式 Instructional Approaches	作業、報告、考試或其它 Assignments, Tests and Others	備註 Remarks
6	112/10/15 ~ 112/10/21	Wenzao spirit II Preparation for the Freshman Blessing Ceremony	Activities Campus adventure		Center for Ursuline Education (2008); Pallisier, L. (2011).
7	112/10/22 ~ 112/10/28	Wenzao spirit III University Archive	Activities & writing	The freshman blessing ceremony (Wed., October 26th, the Auditorium)	Center for Ursuline Education (2008); Pallisier, L. (2011).
8	112/10/29 ~ 112/11/04	Critical thinking Reflecting on the first half semester and the freshman blessing ceremony	Activities discussions	Half semester reflection, (Due Saturday, November 5th, 2022, 23:59)	Know yourself (n.d.)
9	112/11/05 ~ 112/11/11	The Midterm Self-exploration I Characteristics of the 9 types of personality	Explanation Activities discussions		
10	112/11/12 ~ 112/11/18	Self-exploration II The positive and negative characteristics of the 9 types of personality	Explanation Activities discussions		
11	112/11/19 ~ 112/11/25	Self-exploration III Drawing and personality types	Explanation Activities discussions		
12	112/11/26 ~ 112/12/02	Self-exploration VI The defense mechanisms and their directions of growth of the 9 types of personality The theme and activities of 2022 Christmas celebration	Explanation Activities discussions		
13	112/12/03 ~ 112/12/09	Spiritual gas station	Explanation Activities discussions	The Chapel in Praise of Jesus	
14	112/12/10 ~ 112/12/16	A miracle of life!	Explanation Activities discussions	The Chapel in Praise of Jesus	
15	112/12/17 ~ 112/12/23	Academic planning I	The Laurel Method	The implementing power for my college life.	Welcome to participate in Christmas Eve celebration
16	112/12/24 ~ 112/12/30	Academic planning II	The Laurel Method		
17	112/12/31 ~ 113/01/06	Academic planning III	Presentation discussions	The final paper My academic career planning Due on Saturday January 7th, 23:59	
18	113/01/07 ~ 113/01/13	The Final	Wrapping up & sharing		